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## Inka Brot

5000g Life PowerMix

2500g W700

2500g R960

1000g Sonnenblumenkerne

6500g Wasser

250g Hefe

125g Bas hell

17875g Teig 6-8/1-2min Tt26•C-28•C

20-30min Teigruhe

Offen 230-240•C 40-45min