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Sojabrot

Kurzes Quellstück

4000g Soja Prämix

5000g Wasser 30-35°C 60min

Teig

3000g W700

3000g R960

2000g Wasser

180g Hefe

200g Salz

17380g •C 6-8/1-2min 27°C

Teigruhe 20-30min Teigene 550g

230-240°C 40-45°C